

**TOWN OF STONINGTON
COMMISSION ON AGING MEETING
WEDNESDAY, SEPTEMBER 7, 2022
APPROVED MINUTES**



Members in attendance: Sue Peglow, Susan Sedensky, Jennifer Young, RJ Connelly, Norm Erlendson, Gisela Harma, Stacy Cassata

Human Services Representative: Michelle Casanova-Banks

Town of Stonington Selectman: None.

Community Guest: Dr. Chris Morren (Mystic Geriatric Institute)

Meeting called to order by Stacy Cassata at 4:00 p.m.

Secretary's Report

- Minutes from June 1, 2022 reviewed. (No meetings held in July and August) Gisela Harma moved to accept the Minutes, seconded by Jennifer Young. Minutes accepted.

Correspondence – None.

Finance Report - Sue Peglow presented the report. (Attached)

Outside Agencies Programs/Events

PAGE is now offering services (4 hours per month)

Stonington Human Services offering a trip to Vermont in October, financed in part by Commission on Aging and also offering Housing Rehabilitation program.

Pawcatuck Neighborhood Center offering senior classes and senior lunches on weekdays, coffee hour twice per week, community breakfast twice per month and veterans coffee hour twice per month.

Legislative Updates – None.

Old Business – Commission received copies of "Everything You Need to Know When I'm Gone" to be distributed at the MGI Family Caregiver Program.

New Business –

MGI Family Caregiver Program to be held at the PNC on Saturday, November 5th.

Dr. Chris Morren reported that he had asked to be named as a Commissioner to this board, but was told that the board had reached maximum capacity. He is going to reach out to Stacey Haskell again.

The board asked Secretary, Susan Sedensky to

Adjournment – Motion to adjourn made by Gisela Harma, motion seconded by Norm Erlendson. Meeting adjourned at 5:12 p.m.

Next Meeting Wednesday, October 5, 2022 at 4:00 p.m. at the Pawcatuck Neighborhood Center.

Minutes submitted by COA Secretary, Susan Sedensky
