

**TOWN OF STONINGTON
COMMISSION ON AGING
MEETING**

WEDNESDAY, February 1, 2023

Members in attendance: Sue Peglow, Susan Sedensky, Jennifer Young, Gisela Harma, Stacy Cassata, Chris Morren, JoJo Kelly, Nancy Houlihan

Human Services Representative: Michelle Banks

Town of Stonington Selectman: None.

Meeting called to order by Stacy Cassata at 4:00 p.m.

Secretary's Report

- a) Minutes from November 2, 2022 reviewed. (No meetings held in December and January due to lack of quorum). Sue Peglow made a motion to approve, Gisela Harma seconded. Minutes accepted

Correspondence

- a) Copy of memo to COA chairs Connelly and Cassata about commission membership including term expirations and current members.
- b) Copy of letter from First Selectman, Danielle Chesebrough, appointing Chris Morren to the Commission based on unanimous vote at Board of Selectman meeting on January 25, 2023.

Finance Report - Sue Peglow presented the November finance report. (Attached). Motion made to accept by Susan Sedensky and seconded by Gisela Harma. December and January reports not available. Postponed to the next meeting.

Outside Agencies Programs/Events

- Stonington Human Services reported by Michelle Banks:
 - a) 2023 budget approved with funding level
 - b) Trip planned to Blossoms and Butterflies in May
 - c) AARP safe driving program scheduled
 - d) State of CT program on banking fraud scheduled using Bingo game learning method
 - e) Concerns about decrease in SNAP funding and impact on food budgets in February
- Pawcatuck Neighborhood Center reported by Susan Sedensky:
 - a) SNAP benefits representative available by appointment on 2/3
 - b) Bus trip to Theater by the Sea planned for Spring
 - c) Lunches offered each weekday, and community breakfast offered bi-monthly by Pawcatuck Lions Club

Legislative Updates — Stacy Cassata identified 4 senior-related issues currently in CT legislature. Chris Morren volunteered to monitor the State of CT agenda for upcoming bills for the commission to review.

Old Business — None

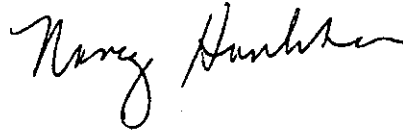
New Business —

- a) Caregiver program developed by Chris Morren which was cancelled in 2022 will be offered in a series of 1 hour lunch and learns, beginning in April. Chris and Sue Sedansky will advertise the program series in the PNC March newsletter, church bulletins and on public radio station.
- b) 2023 membership and officers: notification that COA service terms of RJ Connelly and Marilyn Riley have expired. Stacy will follow up with them by phone.
- c) Motion made by Jen Young to reappoint Sue Peglow to COA Treasurer; to appoint Nancy Houlihan to COA Secretary; and Chris Morren to the COA member. Stacy to continue as President for now. Seconded by Gisella Harmon. All approved.
- d) Baby dolls for local dementia units still needed. Motion made by Jen and seconded by Gisela for COA to approve \$100 to purchase dolls. Nancy volunteered to make the purchase.

Adjournment — Motion to adjourn made by Gisela Harma, motion seconded by Sue Peglow. Meeting adjourned at 4:30p.m.

Next Meeting Wednesday, March 2, 2023 at 4:00 p.m. at the Pawcatuck Neighborhood Center.

Minutes submitted by COA Secretary, Nancy Houlihan

A handwritten signature in black ink, appearing to read "Nancy Houlihan", is written over the printed name.

COA and terms expired

Stacey Haskell <shaskell@stonington-ct.gov>

Thu 1/26/2023 12:37 PM

To: RJ Connelly <rj@connellylaw.com>; Stacy Cassata (Stonington Arms Community Manager) <scassata@EHDOC.org>; Leanne D. Theodore <ltheodore@stonington-ct.gov>

1 attachments (548 KB)

COA-01262023115753.pdf;

Hi --

Please find attached an appointment to the COA.

Further, please note the below terms have expired for RJ and Marilyn. Please have them both email me to request reappointment or note they will not be seeking reappointment.

Best,
Stacey

AGING, STONINGTON COMMISSION ON

12 Members, 3 Ex-Officio Members; 3-year terms

<u>Commission</u>	<u>Member</u>	<u>Term Expires</u>	<u>Affiliation</u>
Christopher	Morren	12/31/24	D
Stacy	Cassata*	12/31/25	D
Gisela	Harma	12/31/23	R
Norman	Erlendson	12/31/24	U
Marilyn	Riley	12/31/22	D
Susan	Sedensky	12/31/25	U
Joanne	Kelly	12/31/24	D
Marty	Booker	12/31/23	R
R.J.	Connelly III*	12/31/22	U
Jennifer	Young	12/31/23	U
Susan	Peglow	12/31/23	D
Nancy	Houlihan	12/31/24	D

Stacey Haskell
Executive Administrative Assistant
Office of the First Selectman
Town of Stonington
152 Elm Street
Stonington, CT 06378
(860) 535-5050 (Office)



TOWN OF STONINGTON

SELECTMAN'S OFFICE
DANIELLE CHESEBROUGH
FIRST SELECTMAN

152 Elm Street • Stonington, Connecticut 06378
(860) 535-5050 • Fax (860) 535-1046
dchesebrough@stonington-ct.gov

January 26, 2023

Mr. Christopher Morren
9 Oak Street
Stonington, CT 06378

Dear Mr. Morren:

The Board of Selectmen at a regular meeting held on January 25, 2023 voted unanimously to appoint you to the Commission on Aging. Your term will expire on December 31, 2024.

It is necessary to be sworn in for each new term of office. Please contact the Town Clerk's office (535-5060) at your earliest convenience to either be sworn in over the phone or stop by in person.

On behalf of the Board of Selectmen, I'd like to take this opportunity to thank you for your willingness to serve the Town in this volunteer capacity.

Warm regards,

Danielle Chesebrough

cc: R.J. Connelly III
S. Cassata
L. Theodore

**TOWN OF STONINGTON
APPLICATION FOR BOARD/COMMISSION/AUTHORITY**

Name: Christopher J. Morran, MD
Address: 9 Oak St Lords Pt, Stonington CT 06378
Phone Number: 860-535-8156 Email: morran.christopher@gmail.com
Party Affiliation: Democrat
Commission/Board interested in serving on: Commission on Aging

Background information which you feel might be relevant to your application: I am a retired physician. I practiced internal medicine and geriatrics in this community and have extensive experience in nursing homes. I was the medical director of Hendleton for 20 years.

Give any specific reasons why you are interested in this Commission/Board: As president of Myelin Genetics Institute I have attended COA meetings over the past year and have become familiar with board function and its members

Are you aware of the Conflict of Interest Ordinance? yes.

Are you aware of the time commitment necessary to be a member of this Commission or Board? yes.

Have you attended any of the Commission/Board meetings? yes. - most of the meetings in 2022.

11/02/2022 08:10
4761agonzalez

TOWN OF STONINGTON
YEAR-TO-DATE BUDGET REPORT



1P
1
91ytdbud

FOR 2023 04

ACCOUNTS FOR:
10172 COMMISSION ON AGING

JOURNAL DETAIL 2023 1 TO 2023 4

32 EXPENSES

10172 80140 POSTAGE	ORIGINAL APPROP	TRANSFRS/ ADJUSTMTS	REVISED BUDGET	YTD ACTUAL	ENCUMBRANCES	AVAILABLE BUDGET	PCT USED
2023/01/000186 07/01/2022 BUC	4,000.00 REF	0	4,000	500.00	.00	3,500.00	12.5%
2023/04/000075 10/27/2022 API	500.00 VND 000453 PO		WESTERLY SUN	STONINGTON MAG	ORIGINAL BUDGET 2023		
10172 80149 REPRODUCTION & PRIN	1,500	0	1,500	92.88	.00	1,407.12	92963
2023/01/000186 07/01/2022 BUC	1,500.00 REF		PRISM / OFFICE LINK	CONTRACT C11908-01	ORIGINAL BUDGET 2023		6.2%
2023/02/000031 08/11/2022 API	92.88 VND 002728 PO	0	3,000	250.00	.00	2,750.00	91857
10172 80171 PROGRAM EXPENSE	3,000	0	ST EDMUNDS	PROGRAM PRICE	ORIGINAL BUDGET 2023		8.3%
2023/01/000186 07/01/2022 BUC	3,000.00 REF						
2023/04/000050 10/20/2022 API	250.00 VND 000562 PO						
TOTAL EXPENSES	8,500	0	8,500	842.88	.00	7,657.12	92856
TOTAL COMMISSION ON AGING	8,500	0	8,500	842.88	.00	7,657.12	9.9%
TOTAL EXPENSES	8,500	0	8,500	842.88	.00	7,657.12	9.9%

11/02/2022 08:10
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TOWN OF STONINGTON
YEAR-TO-DATE BUDGET REPORT



1 P
1 g1yrbud 2

FOR 2023 04

JOURNAL DETAIL 2023 1 TO 2023 4

ACCOUNTS FOR:
208302 SENIOR ACTIVITIES

ORIGINAL APPROP	TRANSFERS/ ADJUSTMENTS	REVISED BUDGET	YTD ACTUAL	ENCUMBRANCES	AVAILABLE BUDGET	PCT USED
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25 REVENUE

208302 72321 SENIOR TRIP - REVE

2023/02/000104 08/03/2022 GCR

0	0	0	-199.73	.00	199.73	100.0%
-199.73 REF VC				REC DESK 7/25/22-7/31/22		
TOTAL REVENUE	0	0	-199.73	.00	199.73	100.0%
TOTAL SENIOR ACTIVITIES	0	0	-199.73	.00	199.73	100.0%
TOTAL REVENUES	0	0	-199.73	.00	199.73	

11/02/2022 08:10
4781agonzalez

TOWN OF STONINGTON
YEAR-TO-DATE BUDGET REPORT

FOR 2023 04



JOURNAL DETAIL 2023 1 TO 2023 4						
	ORIGINAL APPROP	TRANSRS/ ADJUSTMTS	REVISED BUDGET	YTD ACTUAL	ENCUMBRANCES	AVAILABLE BUDGET
GRAND TOTAL	8,500	0	8,500	643.15	.00	7,856.85
** END OF REPORT - Generated by Aga Gonzalez **						
						PCT USED

7.6%

11/02/2022 08:10
4781agonzalez

TOWN OF STONINGTON
YEAR-TO-DATE BUDGET REPORT



REPORT OPTIONS

Sequence	Field #	Total	Page Break
Sequence 1	9	Y	Y
Sequence 2	10	Y	N
Sequence 3	0	N	N
Sequence 4	0	N	N

Report title:
YEAR-TO-DATE BUDGET REPORT

Includes accounts exceeding 0% of budget.
Print totals only: N
Print full or short description: F
Print full GL account: N
Format type: 1
Double space: N
Suppress zero bal acts: Y
Include requisition amount: N
Print Revenues-Version headings: N
Print revenue as credit: Y
Include revenue budgets as zero: N
Print journal detail: Y
From Yr/Per: 2023/ 1
To Yr/Per: 2023/ 4
Include budget entries: Y
Incl encumb/liq entries: Y
Sort by JE # or PO #: J
Detail format option: 1
Include additional JE comments: N
Multiyear view: D
Amounts/totals exceed 999 million dollars: N

Year/Period: 2023/ 4
Print MTD Version: N
Roll projects to object: N
Carry forward code: 1

Field Name Find Criteria
Field Value

Org
Object
Rollup code
Account type
Account status

101721208302