

**TOWN OF STONINGTON  
COMMISSION ON AGING  
MEETING MINUTES**

**WEDNESDAY, September 6, 2023**

**Members in Attendance:** Stacy Cassata, Sue Peglow, Susan Sedensky, Gisela Harma, Chris Morren, Norm Erlandson, Marilyn Riley, Nancy Houlihan

**Human Services Representative:** Michelle Banks

**Town of Stonington Representative:** June Strunk

**Secretary's Report:**

- a) **Minutes** from June 7, 2023 meeting reviewed, Gisela Harma made a motion to approve the minutes as submitted. Sue Peglow seconded. All approved.
- b) **Correspondence:**
  - a. Email request from member Chris Morren to add Liz Stern to our meeting agenda. See agenda item under New Business

**Finance Report:** Sue Peglow circulated the June finance report by email. Discussion followed about the history of budget allotment for Stonington Magazine production and mailing. Process for revenue requests for additional projects such as Lunch and Learn expenses, program attendance reviewed by chair, Stacy Cassata.

**Programs/Events**

**a) Stonington Human Services-**

Michelle Banks reported on the Town Services.

- The Renters Rebate Program application deadline is September 29<sup>th</sup>. Any applicant that misses the 10/01 deadline can request an extension of time to file by submitting an extension request form along with a letter from a doctor indicating that they have a medical issue that contributed to them not applying during the open application period. The deadline to request an extension is November 15<sup>th</sup>. Residents can call SHS with any questions, (860) 535-5015.
- Applications for energy costs assistance begin September 15<sup>th</sup>,
- Eastern CT Transportation Corp (ECTC) is available to provide transportation to medical visits.
- Information about Stonington weather-related events and emergencies called **Stonington Alerts** is being advertised to residents by phone calls and advertisements. Flyer attached.

**b) Other agencies –**

**a. Pawcatuck Neighborhood Center:**

- Sue Sedensky reported that PNC continues to offer weekly lunch and learns every Thursday at 12noon. She expressed gratitude to member, Dr Chris Morren for his ongoing coordination of senior and health-related programs and speakers which will continue though the Fall schedule.

Schedule topics for November/December will include: Preparing for Urgent and Emergent Medical Problems, Legal and Medical Matters, Physical and Occupational Therapy in the Home Setting and Transition from Independent Living to Assisted Living and Institutional Care. Dates to be announced.

- Transportation services have expanded beyond Stonington, No. Stonington and Westerly to include Norwich, New London, and Wakefield (South County).
- Fall Senior trip planned to Amish country.
- Sue announced that regularly scheduled programs at PNC (art, exercise, etc.) are now free of charge for town resident members.

**Legislative Updates** – Committee member Chris Morren reported that the CT Legislative Session (January-June 2023) is completed. The next session will begin in February 2024.

#### **Old Business-**

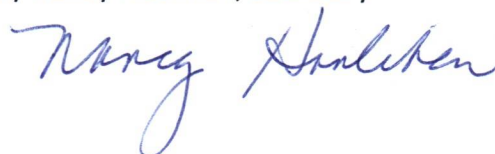
#### **New Business-**

- a) Stonington resident and volunteer Liz Stern attended the meeting to share information about a new service for the Commission's consideration called URCommunity Cares. Liz has become aware of the program and investigated its use across the state of CT. The agency is a 501(c)(3) that coordinates at home senior support by volunteers at a reasonable cost. The agency assists CT towns and other organizations with communication and public outreach about services and also performs background checks on all participants. Liz recommended that the COA review the website. Committee members were enthusiastic about pursuing more information from the program manager at a future meeting which Liz will facilitate and will invite relevant town partners such as Human Services. Flyer attached. The lack of affordable housing for seniors came up for discussion. Selectman June Strunk informed the group that CT requires all towns to have 10% of housing designated as affordable and Stonington has 5.7%. She announced a new commission dedicated to the issue called **Housing Opportunities** which begins meeting this month. Liz Stern is a commission member. She was asked to keep the COA informed as to how it can support their efforts. June also announced that town Zoning Regulations are under revision and will include more information about affordable housing.

**Adjournment-** Motion to adjourn made by Gisela Harma and seconded by Sue Peglow. Meeting adjourned by Stacy Cassata

Next Meeting to be held on Wednesday, October 4, 2023 at 4pm at PNC.

Minutes submitted by Nancy Houlihan, Secretary





TOWN OF STONINGTON



YEAR-TO-DATE BUDGET REPORT

FOR 2024 03			JOURNAL DETAIL 2024 1 TO 2024 3				
ACCOUNTS FOR:			ORIGINAL	TRANSFERS/	REVISED		AVAILABLE
10172	COMMISSION ON AGING	APPROP	ADJUSTMTS	BUDGET	YTD ACTUAL	ENCUMBRANCES	PCT USE/COL
32 EXPENSES							
10172 80140	POSTAGE	4,000	0	4,000	.00	.00	4,000.00 .0%
10172 80149	REPRODUCTION & PRIN	1,500	0	1,500	.00	.00	1,500.00 .0%
10172 80171	PROGRAM EXPENSE	3,000	0	3,000	.00	.00	3,000.00 .0%
TOTAL EXPENSES		8,500	0	8,500	.00	.00	8,500.00 .0%
TOTAL COMMISSION ON AGING		8,500	0	8,500	.00	.00	8,500.00 .0%
TOTAL EXPENSES		8,500	0	8,500	.00	.00	8,500.00

YEAR-TO-DATE BUDGET REPORT

FOR 2024 03

JOURNAL DETAIL 2024 1 TO 2024 3

	ORIGINAL APPROP	TRANSFERS/ ADJUSTMTS	REVISED BUDGET	YTD ACTUAL	ENCUMBRANCES	AVAILABLE BUDGET	PCT USE/COL
GRAND TOTAL	8,500	0	8,500	.00	.00	8,500.00	.0%

\*\* END OF REPORT - Generated by Aga Gonzalez \*\*

## YEAR-TO-DATE BUDGET REPORT

## REPORT OPTIONS

Sequence	Field #	Total	Page Break
Sequence 1	9	Y	Y
Sequence 2	10	Y	N
Sequence 3	0	N	N
Sequence 4	0	N	N

Report title:  
YEAR-TO-DATE BUDGET REPORT

Includes accounts exceeding 0% of budget.

Print totals only: N

Year/Period: 2024/ 3

Print Full or Short description: F

Print MTD Version: N

Print full GL account: N

Format type: 1

Double space: N

Roll projects to object: N

Suppress zero bal accts: Y

Carry forward code: 1

Include requisition amount: N

Print Revenues-Version headings: N

Print revenue as credit: Y

Print revenue budgets as zero: N

Include Fund Balance: N

Print journal detail: Y

From Yr/Per: 2024/ 1

To Yr/Per: 2024/ 3

Include budget entries: Y

Incl encumb/liq entries: Y

Sort by JE # or PO #: J

Detail format option: 1

Include additional JE comments: N

Multiyear view: L

Amounts/totals exceed 999 million dollars: N

Field Name	Find Criteria	Field Value
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Org		101721208302
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Object

Rollup code

Account type

Account status



## TOWN OF STONINGTON



## YEAR-TO-DATE BUDGET REPORT

FOR 2023 12

JOURNAL DETAIL 2023 1 TO 2023 12

ACCOUNTS FOR:		ORIGINAL		TRANFERS/		REVISED		YTD ACTUAL		ENCUMBRANCES		AVAILABLE		PCT	
10172	COMMISSION ON AGING	APPROP	ADJSTMTS	BUDGET								BUDGET	USE/COL		
<b>32 EXPENSES</b>															
10172	80140	POSTAGE													
2023/01/000186	07/01/2022	BUC													
2023/04/000075	10/27/2022	API	4,000.00	REF											
2023/06/000088	12/22/2022	API	500.00	VND	000453	PO	WESTERLY SUN		ORIGINAL BUDGET 2023					92963	
2023/09/000092	03/23/2023	API	1,000.00	VND	000453	PO	WESTERLY SUN		ACCT: 48515					93740	
2023/12/000095	06/22/2023	API	1,500.00	VND	000453	PO	WESTERLY SUN		STONINGTON MAGAZINE WS					94991	
									STONINGTON MAG POSTAGE					96230	
10172	80149	REPRODUCTION & PRIN													
2023/01/000186	07/01/2022	BUC	1,500.00	REF											
2023/02/000031	08/11/2022	API	92.88	VND	002728	PO	PRISM / OFFICE LINK		ORIGINAL BUDGET 2023					91857	
2023/09/000055	03/16/2023	API	514.80	VND	002728	PO	PRISM / OFFICE LINK		CONTRACT CT1908-01					94836	
2023/10/000113	04/27/2023	API	100.00	VND	000016	PO	AGO PRINTING SERVIC		CT1908-01					95361	
2023/12/000095	06/22/2023	API	792.32	VND	000453	PO	WESTERLY SUN		BUSINESS CARDS					96230	
									STONINGTON MAG POSTAGE						
10172	80171	PROGRAM EXPENSE													
2023/01/000186	07/01/2022	BUC	3,000.00	REF											
2023/04/000050	10/20/2022	API	250.00	VND	000562	PO	ST EDMUNDS		ORIGINAL BUDGET 2023					92856	
2023/05/000081	11/17/2022	API	500.00	VND	005025	PO	RECDESK LLC		PROGRAM PRICE					93212	
2023/06/000005	12/01/2022	API	100.00	VND	006181	PO	BABCOCK SMITH		RECDESK ANNUAL SUBSCRIPTION					93332	
2023/06/000069	12/15/2022	API	198.00	VND	000312	PO	PIZZA LADY		12/2 SENIOR LUNCHEON					93620	
2023/06/000088	12/22/2022	API	85.00	VND	006113	PO	GRAY, JUDITH A		FULL BAKED HAM					93697	
2023/06/000121	12/29/2022	API	235.60	VND	007656	PO	TOURS OF DISTINCTION		12/02/22 X-MAS PROGRAM					93805	
2023/07/000004	01/05/2023	API	102.02	VND	005916	PO	GARDINER, CYNTHIA		REIMBURSEMENT					93857	
2023/07/000004	01/05/2023	API	72.00	VND	000307	PO	PETTY CASH HUMAN SER		BABCOCK-SMITH HOUSE MUSEUM					93878	
2023/07/000004	01/05/2023	API	73.38	VND	000307	PO	PETTY CASH HUMAN SER		SENIOR X-MAS BASKETS					93878	
2023/07/000004	01/05/2023	API	38.36	VND	000307	PO	PETTY CASH HUMAN SER		SENIOR PROGRAMMING					93878	
2023/09/000092	03/23/2023	API	55.00	VND	000307	PO	PETTY CASH HUMAN SER		FACEBOOK: PROGRAM ADS					94954	
2023/09/000092	03/23/2023	API	97.76	VND	000307	PO	PETTY CASH HUMAN SER		AMAZON: BABIES FOR NURSING HOM					94954	
2023/10/000113	04/27/2023	API	294.00	VND	006222	PO	MAGIC WINGS		21 GROUP					95417	
2023/11/000120	05/25/2023	API	545.00	VND	005912	PO	MORNINGSTAR NURSERIE		HYD. MAC. ENDLESS SUMMER #7					95800	
2023/11/000120	05/25/2023	API	26.00	VND	005912	PO	MORNINGSTAR NURSERIE		ROSA KO DBLE RED #3					95800	
2023/11/000209	05/17/2023	CRP	-14.00	REF	107228		GENERAL CUSTOMER		FIN/HS-REIMB-MAGIC WINGS						
<b>TOTAL EXPENSES</b>															
			8,500				0	8,500	8,158.12	.00		341.88		96.0%	
<b>TOTAL COMMISSION ON AGING</b>															
			8,500				0	8,500	8,158.12	.00		341.88		96.0%	
<b>TOTAL EXPENSES</b>															
			8,500				0	8,500	8,158.12	.00		341.88		96.0%	



## TOWN OF STONINGTON



## YEAR-TO-DATE BUDGET REPORT

FOR 2023 12

JOURNAL DETAIL 2023 1 TO 2023 12

ACCOUNTS FOR:  
208302 SENIOR ACTIVITIESORIGINAL TRANSFERS/  
APPROP ADJUSTS  
REVISED BUDGETAVAILABLE PCT  
BUDGET USE/COL

## 25 REVENUE

208302 72320 SENIOR EVENT - REV	0	0	0	-795.66	.00	795.66	100.0%
2023/03/000192 09/30/2022 GCR	-169.44 REF VC				REC DESK 9/12/22 - 9/18/22		
2023/03/000192 09/30/2022 GCR	-48.25 REF VC				REC DESK 9/19/22 - 9/25/22		
2023/04/000118 10/20/2022 GCR	-71.91 REF VC				REC DESK 9/5/22 - 9/11/22		
2023/04/000120 10/19/2022 GCR	-23.97 REF VC				REC DESK 10/3/22 - 10/9/22		
2023/04/000121 10/26/2022 GCR	-72.94 REF VC				REC DESK 10/10/22 - 10/16/22		
2023/05/000166 11/29/2022 GCR	-50.00 REF VC				REC DESK 10/31/22-11/6/22		
2023/05/000166 11/29/2022 GCR	-25.00 REF VC				REC DESK 11/14/22-11/20/22		
2023/05/000166 11/29/2022 GCR	-72.22 REF VC				REC DESK 11/21/22-11/27/22		
2023/06/000167 12/14/2022 GCR	-244.43 REF VC				REC DESK 11/28/22-12/4/22		
2023/11/000017 05/03/2023 APM	-17.50 VND 006084 PO			ANASTASIA, LINDA LUNCH CANCELLATION			

208302 72321 SENIOR TRIP - REVE 0 0 -5,472.22 .00 5,472.22 100.0%

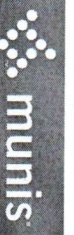
2023/02/000104 08/03/2022 GCR	-199.73 REF VC				REC DESK 7/25/22-7/31/22		
2023/03/000192 09/30/2022 GCR	-1,210.62 REF VC				REC DESK 9/12/22 - 9/18/22		
2023/03/000192 09/30/2022 GCR	-474.90 REF VC				REC DESK 9/19/22 - 9/25/22		
2023/04/000118 10/20/2022 GCR	-418.57 REF VC				REC DESK 9/5/22 - 9/11/22		
2023/04/000119 10/12/2022 GCR	-484.02 REF VC				REC DESK 9/26/22 - 10/2/22		
2023/05/000166 11/29/2022 GCR	-149.23 REF VC				REC DESK 11/21/22-11/27/22		
2023/07/000127 01/25/2023 API	77.00 VND 006462 PO			DONOVAN, JANICE JANICE MARIA			94118
2023/08/000147 02/09/2023 GCR	-416.93 REF VC				REC DESK 1/30/23 - 2/5/23		
2023/08/000148 02/24/2023 GCR	-708.53 REF VC				REC DESK 2/26/23 - 2/12/23		
2023/09/000185 03/29/2023 GCR	-658.09 REF VC				REC DESK 2/20/23-2/26/23		
2023/09/000185 03/29/2023 GCR	-535.93 REF VC				REC DESK 2/27/23-3/5/23		
2023/09/000185 03/29/2023 GCR	-252.16 REF VC				REC DESK 3/6/23-3/12/23		
2023/10/000018 04/06/2023 API	280.00 VND 007755 PO			GRAPES, LINDA BLOSSOMS & BUTTERFLIES REFUND			95144
2023/10/000088 04/18/2023 GEN	-145.35 REF VC				REC DESK 4/10/23 - 4/16/23		
2023/11/000085 05/05/2023 GCR	-252.16 REF VC				REC DESK 4/17/23 - 4/23/23		

TOTAL REVENUE 0 0 -6,267.88 .00 6,267.88 100.0%

## 99 EXPENSES

208302 82312 SENIOR TRIP CONSUM	0	0	0	5,151.50	.00	-5,151.50	100.0%*
2023/06/000121 12/29/2022 API	2,500.00 VND 007656 PO				TOURS OF DISTINCTION RESERVATION		93805
2023/10/000113 04/27/2023 API	1,832.50 VND 007325 PO				JOSHUA'S LIMOUSINE 24 PAX SHUTTLE		95414
2023/10/000113 04/27/2023 API	819.00 VND 007769 PO				HISTORIC DEERFIELD LUNCH BUFFET		95409

# TOWN OF STONINGTON



## YEAR-TO-DATE BUDGET REPORT

FOR 2023 12

JOURNAL DETAIL 2023 1 TO 2023 12

ACCOUNTS FOR:		ORIGINAL	TRANSFERS/	REVISED			AVAILABLE	PCT
208302	SENIOR ACTIVITIES	APPROP	ADJUSTMTS	BUDGET	YTD ACTUAL	ENCUMBRANCES	BUDGET	USE/COL
	TOTAL EXPENSES	0	0	0	5,151.50	.00	-5,151.50	100.0%
	TOTAL SENIOR ACTIVITIES	0	0	0	-1,116.38	.00	1,116.38	100.0%
	TOTAL REVENUES	0	0	0	-6,267.88	.00	6,267.88	
	TOTAL EXPENSES	0	0	0	5,151.50	.00	-5,151.50	



YEAR-TO-DATE BUDGET REPORT

FOR 2023 12

JOURNAL DETAIL 2023 1 TO 2023 12

	ORIGINAL APPROP	TRANSFERS/ ADJUSTMTS	REVISED BUDGET	YTD ACTUAL	ENCUMBRANCES	AVAILABLE BUDGET	PCT USE/COL
GRAND TOTAL	8,500	0	8,500	7,041.74	.00	1,458.26	82.8%

\*\* END OF REPORT - Generated by Aga Gonzalez \*\*

## YEAR-TO-DATE BUDGET REPORT

## REPORT OPTIONS

Sequence	Field #	Total	Page Break
Sequence 1	9	Y	Y
Sequence 2	10	Y	N
Sequence 3	0	N	N
Sequence 4	0	N	N

Report title:  
YEAR-TO-DATE BUDGET REPORT

Includes accounts exceeding 0% of budget.

Print totals only: N

Print full or short description: F

Print full GL account: N

Format type: 1

Double space: N

Suppress zero bal acts: Y

Include requisition amount: N

Print Revenues-Version headings: N

Print revenue as credit: Y

Print revenue budgets as zero: N

Include Fund Balance: N

Print journal detail: Y

From Yr/Per: 2023/1

To Yr/Per: 2023/12

Include budget entries: Y

Incl encumb/liq entries: Y

Sort by JE # or PO #: J

Detail format option: 1

Include additional JE comments: N

Multiyear view: L

Amounts/totals exceed 999 million dollars: N

Field Name	Find Criteria	Field Value
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Org		101721208302
Object		
Rollup code		
Account type		
Account status		



## Community Partnership

Donations are tax-deductible, we are a 501(c)(3).



- Would you like to collaborate to refer those in need and register those in need online at [www.URCommunityCares.org](http://www.URCommunityCares.org) or ask them to call us at 860-430-4557?
- Would you be willing to help create awareness and enthusiasm for our partnership? Potentially co-host periodic special events to boost participation? Joint participation in local publicity, social media, newsletter, etc.?
- Are you able to make a tax-deductible donation to cover participation in UR Community Cares?

## *Get to know us*

**UR Community Cares provides a secure website** that connects older adults and people with physical disabilities to community-based volunteer support to help them live safely at home. At-home services are offered free of charge, including household chores, yard work, companionship including pick-up/delivery of groceries/pet care, and local transportation (subject to volunteer availability).

**Our online match-up system at [URCommunityCares.org](http://URCommunityCares.org) is a collaborative, self-generating, and self-sustaining solution for interested communities and organizations.** People age 70+ and/or 18+ with a permanent or temporary physical disability comprise roughly one-third of every town's population. This sector is growing in size in many towns, presenting new challenges for social services and public safety. Local residents can work together to assist neighbors and help them overcome risks of falling, mobility restrictions, isolation, and loneliness.

**We rely on funding** such as donations, sponsorships, grants, and municipal budget allocations. Our estimated per-participant annualized cost is \$100/person. This must be addressed in advance in order for us to cover direct program costs (i.e., background checking, website security/software, admin., marketing, operational expenses and insurance coverage). Our goal is to offer services at no charge to participants. Contributions to our 501(c)(3) nonprofit are tax-deductible.

**To participate**, community members will enroll online, can be signed up by a partner or call 860-430-4557, then undergo a background check and then once approved request assistance from the volunteers in town. Volunteers undergo the same sign-up process and then will accept service requests whenever they can (eligibility starts at age 15 and adult consent/supervision is required for 15-17 year olds). Volunteers decide their schedule and the category they are interested in helping in.

**Guided by our Executive Director**, our participation criteria have no restrictions in terms of income, assets, benefits status, race, ethnicity, gender, religion, or sexual orientation.



# Neighbors Helping Neighbors Town by Town



## Enrollment Costs (\$100/person)

- Insurance
  - Auto
  - Workers Comp
  - General Liability
  - Board & Directors
  - Umbrella
- All participants Background Checked
  - Driving history for transportation volunteers
  - 7-year federal/state history background checks
- Technology
  - Geo-location
  - Security
  - Software updates
  - Support
- Administration
- Marketing

## Sample: \$5,000/yr donation to participate

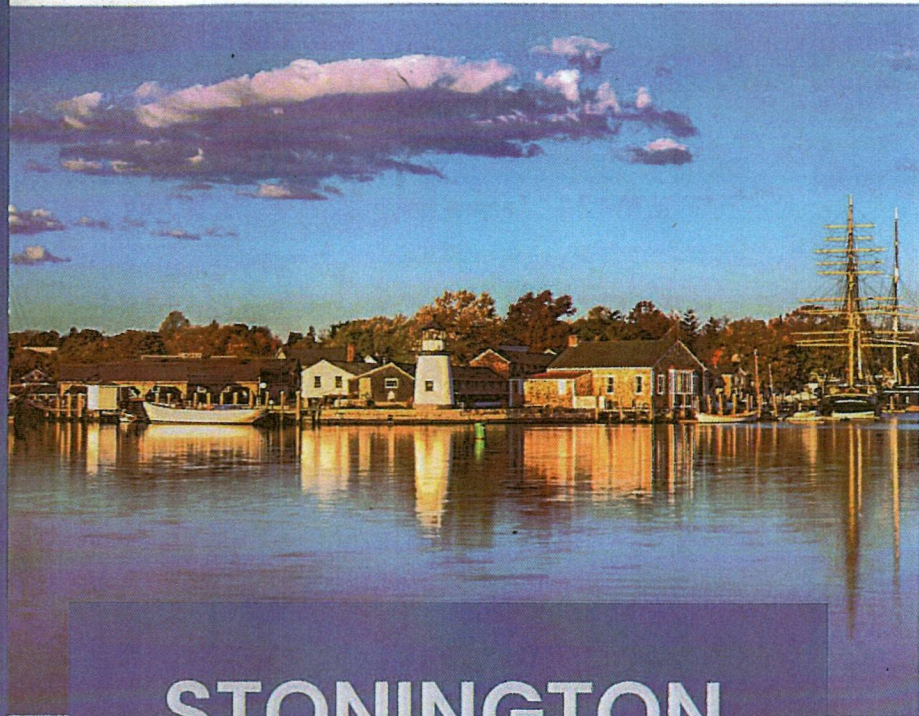
- Community members up to 25
  - Community volunteers up to 25
- Unlimited Requests for Help  
-UCC provides help with:  
Technology services  
Advertising  
Hometown Hero pursuit  
Community Outreach  
Social Media  
Flyers  
Fundraising Ideas



[www.URCommunityCares.org](http://www.URCommunityCares.org)



Attention  
**STONINGTON**  
RESIDENTS



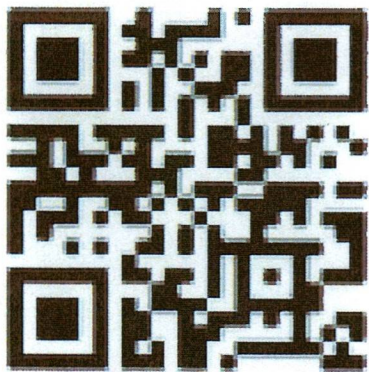
**Stonington  
Alerts**

*Community Notification System*

*If we can't Reach you,  
we can't Alert you.*

**STONINGTON  
ALERTS**

**REGISTER TODAY**



During emergencies and weather-related events, receive important information from the **Stonington Emergency Management Team.**

If we can't reach you, we can't alert you.

➤ **REGISTER TODAY**

[www.stonington-ct.gov/emergency-management](http://www.stonington-ct.gov/emergency-management)