

**TOWN OF STONINGTON
COMMISSION ON AGING
MEETING MINUTES**

WEDNESDAY, October 4, 2023

Members in Attendance: Sue Peglow, Susan Sedensky, Gisela Harma, Chris Morren, Norm Erlandson, Marilyn Riley, Nancy Houlihan. Sue Sedensky facilitating meeting for Chair, Stacy Cassata.

Human Services Representative: none

Town of Stonington Representative: June Strunk

Guest: Liz Stern

Secretary's Report:

- a) **Minutes** from September 6, 2023 meeting reviewed. Gisela Harma made a motion to approve the minutes as submitted. Sue Peglow seconded. All approved.
- b) **Correspondence:**
 - Invitation from the Ocean Community Collaborative to NonProfit groups to attend a lecture on Affordable Housing at the Wilcox Library on October 20th at 9:30. Open to Public. Speaker: Westerly Town Planner Nancy Letendre
 - Invitation to attend Aging CT Summit on October 30, 2023 at Acqua Turf Club in Plainville CT 9:30-4:30. Carpooling available
 - Communication from member, Chris Morren, detailing the Caregiver series schedule. See below in Programs

Finance Report: Sue Peglow circulated the September finance report by email. Report accepted.

Programs/Events

- a) **Stonington Human Services-**
 - No report
- b) **Other agencies –**
 - a. **Pawcatuck Neighborhood Center:** Sue Sedensky reported that the newsletter is in production. Change in course fees occurs this month- no fees for Stonington members. Lunch and Learns will continue on Thursdays at 12 noon including lunch. Caregiver series schedule includes:
 - November 9 Dr. Michael Feltes will discuss caregiver response to medical emergencies and management of minor illnesses
 - November 16 Michelle Dempsey, Title XIX specialist, will discuss Medicare and Medicaid
 - November 30 Attorney Jean Ceddia will discuss Living Wills, Powers of Attorney, Trusts, and Advance Directives.
 - December 7 Dr. Shayla Adams will discuss the impact of Physical and Occupational therapy in the home setting
 - December 14 Samantha DesCombes, RN will discuss transitioning from independent living to assisted living or institutional care, and the factors to consider in making this decision

Legislative Updates – None

New Business- None

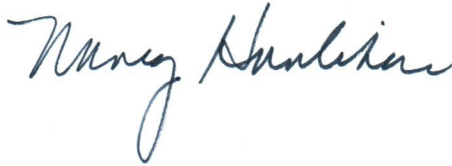
Old Business

- a) UR Community Cares program discussed. Liz Stern return to answer questions. Junse Strunk reported that the Board of Selectmen are in favor of supporting the initiative. Next steps are to coordinate a meeting with relevant agencies especially Human Services. For Follow up with Leighann and program director to schedule.
- b) Sue reminded all about the program Aging GT Summit on 10/30 - see flyer

Adjournment- Motion to adjourn made by Gisela Harma and seconded by Sue Peglow. Meeting adjourned by Susan Sedensky

Next Meeting to be held on Wednesday, November 1, 2023 at 4pm at PNC.

Minutes submitted by Nancy Houlihan, Secretary

A handwritten signature in dark ink, appearing to read "Nancy Houlihan", written in a cursive style.

TOWN OF STONINGTON

YEAR-TO-DATE BUDGET REPORT



FOR 2024 04 JOURNAL DETAIL 2024 1 TO 2024 4									
ACCOUNTS FOR:	COMMISSION ON AGING	ORIGINAL APPROP	TRANSFRS/ADJSTMTS	REVISED BUDGET	YTD ACTUAL	ENCUMBRANCES	AVAILABLE BUDGET	PCT USE/COL	
10172									
32 EXPENSES									
10172 80140	POSTAGE	4,000	0	4,000	1,200.00	.00	2,800.00	30.0%	
	2024/03/000073 09/21/2023 API	1,200.00 VND 000453 VCH		WESTERLY SUN		STONINGTON MAG-POSTAGE		97881	
10172 80149	REPRODUCTION & PRIN	1,500	0	1,500	.00	.00	1,500.00	.0%	
10172 80171	PROGRAM EXPENSE	3,000	0	3,000	.00	.00	3,000.00	.0%	
	TOTAL EXPENSES	8,500	0	8,500	1,200.00	.00	7,300.00	14.1%	
	TOTAL COMMISSION ON AGING	8,500	0	8,500	1,200.00	.00	7,300.00	14.1%	
	TOTAL EXPENSES	8,500	0	8,500	1,200.00	.00	7,300.00		

TOWN OF STONINGTON

YEAR-TO-DATE BUDGET REPORT



FOR 2024 04 JOURNAL DETAIL 2024 1 TO 2024 4							
	ORIGINAL APPROP	TRANSFRS/ ADJSTN'TS	REVISED BUDGET	YTD ACTUAL	ENCUMBRANCES	AVAILABLE BUDGET	PCT USE/COL

GRAND TOTAL	8,500	0	8,500	1,200.00	.00	7,300.00	14.1%
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** END OF REPORT - Generated by Aga Gonzalez **

REPORT OPTIONS

Field # Total Page Break
Sequence 1 9 Y Y
Sequence 2 10 Y Y N
Sequence 3 0 N N N
Sequence 4 0 N N N

Report title:

YEAR-TO-DATE BUDGET REPORT

Includes accounts exceeding 0% of budget.

Print totals only: N

Print full or short description: F

Print full GL account: N

Format type: 1

Double space: N

Suppress zero bal accts: Y

Include requisition amount: N

Print Revenues-Version headings: N

Print revenue as credit: Y

Print revenue budgets as zero: N

Include Fund Balance: N

Print journal detail: Y

From Yr/Per: 2024/ 1

To Yr/Per: 2024/ 4

Include budget entries: Y

Incl encumb/liq entries: Y

Sort by JE # or PO #: J

Detail format option: 1

Include additional JE comments: N

Multiyear view: L

Amounts/totals exceed 999 million dollars: N

Year/Period: 2024/ 4

Print MTD Version: N

Roll projects to object: N

Carry forward code: 1

Find Criteria

Field Name Field Value

Org 10172|208302

Object

Rollup code

Account type

Account status

<dbruce@stoningtonhistory.org>; Brenna Closius <brenna.closius@mysticseaport.org>; Kathy Adami <k.adami@thecomo.org>; Matthew Provost <matthew.n.provost@gmail.com>; Dodie Bump <Stoningtongardenclub@gmail.com>; Lyndsey Pyrke-Fairchild <Lyndsey@hiddenemp.com>; Jennifer Lacker <jlacker@eldreds.com>; Laura Jackson <lajackson@yellowfarmhouse.org>; Jay Spalding <jay@shorelinrobotics.org>; Gina King <gking@tvcca.org>; Stephanie Calhoun <development@stoningtonfreelibrary.org>; Jill Corr <advertisingsgc@gmail.com>; Karla Umland <karla@stoningtonfreelibrary.org>; Allison Smith <allison.smith@mysticseaport.org>; Suzanne Harle <suzanne@greenplanetfilms.org>; O'Brien, Jennifer <jennob@cfect.org>; Patti Murphy <HelloPattiMurphy@gmail.com>; Francis Pijar <f.pijar@comcast.net>; Kathryn Keller <kkeller@alwayshome.org>; Emma Bayer <emma.bayer@mysticseaport.org>; Stonington Education Fund <info@stoningtoneducationfund.net>; Susan Fisher <sfisher@mysticmuseumofart.org>; Roberta Donahue <rdonahue@mysticnoanklibrary.org>; Jeanne Long <Jeanneredden@gmail.com>; Barbara Currier <ectcmobility@ectcinc.com>; Jane Davis <jdavis@chamberect.com>; Katie Quinlan <quinlanpto@gmail.com>; Jordan Slocum <JSlocum@nessf.org>; Anna Sawin <asawin@dpnc.org>; Stonington Ambulance <stoningtonambulance@gmail.com>; Stacey Jackson <sjackson@westerlylibrary.org>; Christine Foster <cfoster@safefuturesct.org>; Janet Vaskas <jmv47@verizon.net>; Hall, Micayla <micaylahall@stoningtonfreelibrary.org>; Shannon DePerry <operationfreshstart.2021@gmail.com>; Simon Holt <smo.artisticdirector@yahoo.com>; Joshua Adams <jadams@mysticaquarium.org>; Ann Freeman <freeman_encore@msn.com>; Deb Turrisi <debturrisi@standupforanimals.org>; Brigitte Hopkins <bhopkins@westerlylibrary.org>; Chris Bradley <cbradley@mysticnoanklibrary.org>; Deborah Norman <dbnh2o@aol.com>; Chris Casadei <crsaw@me.com>; Bill Pere <bill@billpere.com>; Pete Robinson <pete.robinson.wlibrary@gmail.com>; Kirby Williams <kirbywilliams02@gmail.com>; Aimee Newell <director@stoningtonhistory.org>; Daniel Brandl <dan@lagruacenter.org>; Shaun Mastroianni <shaunmastroianni@yahoo.com>; Danielle Chesebrough <dchesebrough@stonington-ct.gov>; Chelsea Mitchell <cmitchell@stoningtonhistory.org>; Laura Metzger <lauraelynnmetzger@gmail.com>; Jennifer Fyke <jfyke@coastguardfoundation.org>; Phylcia Adams <padams@stoningtonha.org>; Jen Rothman <jrothman@yellowfarmhouse.org>; Brianne Cassadei <brianne@terrafirmafarm.org>; Susan Hibbard <shibbard229@comcast.net>; Milde, Katherine <kmilde@cityofnorwich.org>; Julie Soto <info@denisonhomestead.org>; Cynthia Elliott <elliott.cynthia353@gmail.com>; Belinda de Kay <director@stoningtonfreelibrary.org>; Sibby Lynch <elynn03@snet.net>; Sahoo, Nishant <nsahoo@stoningtonambulance.org>; Lisa Konicki <lkonicki@oceanchamber.org>; Megan Gilbert <mgilbert@chamberect.com>; Fenty Lee <flee@safefuturesct.org>; Julie Holland <jholland@stonington-ct.gov>; Leanne D. Theodore <ltheodore@stonington-ct.gov>; Moira Casadei <moiracasadei@gmail.com>; Sedensky, Susan <executivedirector@thepnc.org>; Kristen King <kking@stonington-ct.gov>; membership@stanton-davishomestead.org; Merry Bliss <merrybliss@sbcglobal.net>; Deb Neuman <dneuman@endersisland.org>

Subject:

This message originated from outside Westerly Library

Hello Non-Profit Leaders,

Members of the Stonington NPO are looking for ways to reinvigorate how we support one another, and **we would like to get your input!**

The format of our monthly meetings will likely be revamped to focus on topics that are of interest to the group. This would replace what has become a monthly discussion of upcoming events among members.

Ideas from our Sept. 21 meeting:

1. Using a group consensus, select one or two topics for each monthly meeting and build out a calendar. This would allow for deeper discussion and give members an opportunity to prepare for each topic.
 - Examples: How do you segment your donors for appeals; staffing & job descriptions; seasonal event planning & brainstorming; board recruitment; vendors & software you like/dislike.
2. Adhering more to our current format, each member brings a success/struggle to share thus generating discussion.
 - Would likely require individual outreach and follow-up among members to provide insight and assistance.



Join Us

FRIDAY, OCTOBER 20, 2023 9:30 - 10:30 AM
WESTERLY LIBRARY & WILCOX PARK AUDITORIUM

NANCY LETENDRE, WESTERLY TOWN PLANNER
WILL SPEAK ON
AFFORDABLE HOUSING

PLEASE FEEL FREE TO SHARE THIS INVITATION. THIS TALK IS OPEN TO THE PUBLIC.

HOSTED BY THE

Ocean Community Collaborative

Thank you,

Stacey



Stacey Jackson | she/her

Director of Development

401-596-2877 x322



From: Stonington Non-Profits <stoningtonnp@gmail.com>

Sent: Thursday, September 21, 2023 4:21 PM

To: Lynn Callahan <evelyncallahan@outlook.com>; Rick Larkin <rrlarking@gmail.com>; Darcy Bruce

Please share your thoughts!

1. What aren't you getting from the Stonington NPO that would be useful to you and your organization?
2. Do you have another idea on how we might structure our meetings?

Thanks, everyone, for your participation. Please send responses to jadams@mysticaquarium.org and/or cbradley@mysticnoanklibrary.org and we hope to see you at our next meeting in October.

Joshua Adams

Annual Fund & Special Events Mgr.

55 Coogan Boulevard

Mystic, Connecticut 06355

(860) 572-5955 x 551



Nancy Houlihan <nancy.houlihan@gmail.com>

Fwd: FW: [External] 📧 You're Invited to the AgingCT Summit!

1 message

Sedensky, Susan <executivedirector@thepnc.org>

Thu, Sep 14, 2023 at 9:23 AM

To: Nancy Houlihan <nancy.houlihan@gmail.com>

Hi Nancy

Could you forward this flyer to the commission? I am attending and will drive anyone who would like to join me.

Best regards

Susa

----- Forwarded message -----

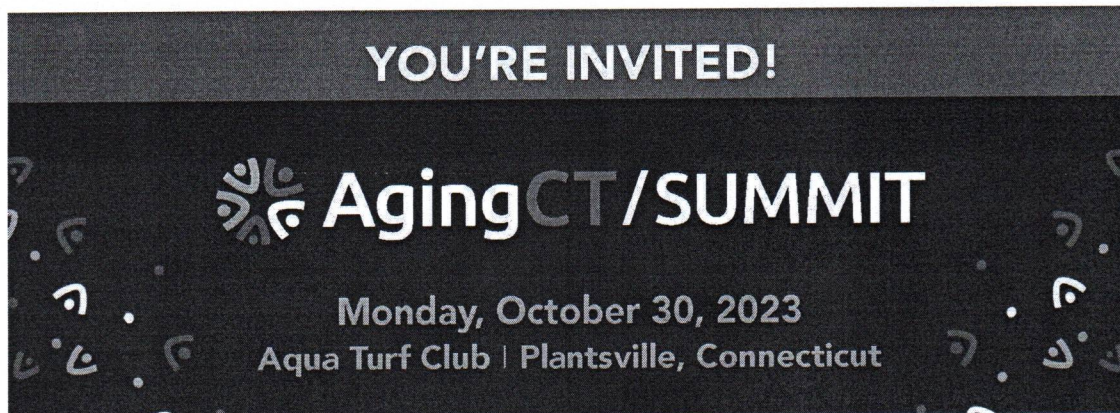
From: **Jennifer Bennett** <jbennett@avonct.gov>

Date: Wed, Sep 13, 2023, 11:34 AM

Subject: FW: [External] 📧 You're Invited to the AgingCT Summit!

To: class-member-forum@googlegroups.com <class-member-forum@googlegroups.com>, cascpquestions@googlegroups.com <cascpquestions@googlegroups.com>

From: AgingCT <hello@agingct.org>**Sent:** Tuesday, September 12, 2023 1:25 PM**To:** Jennifer Bennett <jbennett@avonct.gov>**Subject:** [External] 📧 You're Invited to the AgingCT Summit![View this email in your browser](#)



Please join us for an annual conference that unites the people and systems addressing the challenges of aging and disability in Connecticut.

WHY ATTEND?

This is a full day event designed to inform & educate Social Workers, Municipal Agents, Care Managers, Information Specialists, Resident Service Coordinators and other personnel in the field of aging and disability.

- Earn 4.75 CEU Social Work credits and professional development hours for CHWs
- Experience three learning tracks including social determinants of health, aging and disability workforce and diversity, equity and inclusion
- Improve the quality of care of older persons and persons with disabilities
- Hear best-selling author and advocate, Ashton Applewhite tackle the fear of aging

HOSTED BY



For attendee registration and email updates, scan the QR code or

Learn more at agingct.org/agingct-summit



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You are receiving this email because you opted in to receive updates about our organization.

Our mailing address is:

AgingCT

19 Ohio Ave



Nancy Houlihan <nancy.houlihan@gmail.com>

Caregiver program schedule

1 message

Chris Morren <morrenchristopher@gmail.com>

Tue, Oct 3, 2023 at 4:52 PM

To: Susan Sedensky <susan@thepnc.org>, Nancy Houlihan <nancy.houlihan@gmail.com>

Cc: Robin Ely <robin.mindmatters@gmail.com>, Chris Morren <morrenchristopher@gmail.com>

Hi Susan and Nancy, Here is the updated schedule for our Caregiver series for November and December.

November 9 Dr. Michael Feltz will discuss caregiver response to medical emergencies and management of minor illnesses

November 16 Michelle Dempsey, Title XIX specialist, will discuss Medicare and Medicaid

November 30 Attorney Jean Ceddia will discuss Living Wills, Powers of Attorney, Trusts, and Advance Directives.

December 7 Dr. Shayla Adams will discuss the impact of Physical and Occupational therapy in the home setting

December 14 Samanta DesCombes, RN will discuss transitioning from independent living to assisted living or institutional care, and the factors to consider in making this decision

Respectfully,
Chris Morren