

Stonington Commission on Aging
Special Meeting on February 3, 2016
 4:PM

**Town of Stonington
 Human Service Department
 Community Room**

166 South Broad Street
 Pawcatuck, CT 06379
 Phone (860) 535-5015 Fax (860) 535-8290

Draft Minutes

TOWN CLERK
 CYNTHIA LAOWIG
 16 APR - 5 AM 11:39
 STONINGTON, CT
 RECEIVED FOR RECORD

The meeting was called to order at 4:05 by RJ Connelly. Members present were Maryann Bessette, Stacy Cassata, Betty Crotou, RJ Connelly, Marilyn Riley, and Billie Ward.

Minutes of the December meeting were presented and approved as presented.

The Financial Report was presented by Stacy Cassata.

Reports:

Carol Umphlett, Municipal Agent for the Aging reported on senior services for the month of December 2015 and January 2016.

<u>Program</u>	<u># Seniors in December</u>	<u># in January</u>
Food Programs	18	19
Transportation	2	1
Long Term Care	0	0
Home Health Care	6	1
Medicare	36	18
Social Security	0	4
Energy Assistance	101	45
TVCCA ea applications	14	3
Financial Assistance Programs	2	3
Medical (Medicaid) Assistance	13	6
Renters Rebate Program	starts in April	

Demographics:133 unduplicated seniors were serviced in December and 80 were serviced in January.

Kristen King reported on program activities. A written report is included

Legislative Report: There is no report as they are not in session yet.

Correspondence: There was a letter from the First Selectman, Rob Simmons informing the COA that Sue Peglow from Pendleton Nursing Home had been approved as a member of he COA.

Announcements: There were no announcements..

Old Business: Leanne Theodore discussed the ongoing plans for restarting the Gray Matters newsletter for seniors.

The meeting was Adjourned 4:35 PM. Maryanne Bessett moved for adjournment. Betty Crotou seconded. Motion Passed.

Respectfully Submitted;

Billie Ward, Secretary

<i>Kristen King, Human Services Program Coordinator</i>	Numbers Attended or Status of Program
Senior Lunch & Learn Series (Friday Luncheon) 7 part series October -May featuring: Mystic Aquarium;steak Loft;Go Fish;latitudes;Bridges: 84 Tavern on Canal; and St Edmunds Enders Island.	40 attending- sold out- Bridge is our next venue with a presentation by <i>Alicia Dvorak from Senior Resources</i>
Krit & Give- Meets every Monday 10-11:30am at Stonington Human Services-Ongoing New York City Day Trip- Dec 11th	2 Buses-87
iPhonology- Senior residents have the opportunity to be partnered with a tech savvy volunteer to learn more about smart phones and tablets.	
Baby Boomer(exercise class) -Ongoing	16
Yellow Dot/Trid Program -Ongoing	
Hire -A- Teen. Register with this program to be potentially matched to hire a Stonington youth for light snow removal. Please note: <i>Must be registered before a match can be made.</i>	
Grandparents Raising Grandchildren Support Group- 1st Thursday of each month 11am-12pm - At Human Services	
Computer Lab- Open to Stonington Residents 9AM-4PM: M-F at Stonington Human Services	
Individual and Family Counseling -Free to Stonington Residents	
Medicare Insurance Counseling (CHOICES) - CHOICES Counseling is available upon appointment	
Upcoming Programming/Events	SOLD OUT
Day Trip Boston Celtics VS Miami Heat- Feb 27th	Classes max out at 25 - register at Stonington Human Services.
AARP Safe Driver April 6 1-5pm \$15.00 Member/\$20(check made out to AARP) at Stonington Human Services.	
2016 Boston Flower & Garden Show!	
Friday, March 18th will pick up at Stonington Human Services at 8:00AM and will return at approximately 6:30PM \$45 Includes bus transportation and ticket to the show. Enjoy lunch on your own in, or nearby, the Seaport World TradeCenter. \$30 Quincy Market Drop Off/ Pick Up	
Cooking Matters! Begins March 16th~ Learn how to cook healthy low cost meals!!! 4-Week class will provides hands-on, creative and fun activities, under professional instruction. Enjoy many delicious meals and take home a fabulous new cookbook at the end of the program!	FULL
Open to those who are (or who care for people) 60 years and older.	
Stonington High School, Room 124 from 2:30-4:30pm	
Stonington Community Garden- Registration opens March 1st 2016	
New! Book Club! Begins March 3rd, meets 1st Wednesday of the month, FREE: 1pm-2pm at Stonington Human Services - Please note this class has been moved to start 3/9 due to low enrollment.	
Announcements	
Viewing of The INTERN on Tuesday, March 15th 1PM	
Monthly afternoon movies? Thoughts.....	
Carol and I attended Mission Sunday at Mys Congregational Church in Feb	