

# COMMISSION ON AGING MEETING

WEDNESDAY, December 2, 2015

4:00 PM

## TOWN OF STONINGTON

Human Services Department  
166 South Broad Street

Pawcatuck, Connecticut 06379

Phone (860) 535-5015 · Fax (860) 535-8290

### Draft Minutes

The regular meeting of the Commission on Aging was held on December 2, 2015 in the Human Services Building Community Room. Members present were: Maryann Bessette, Andrea Carey, Betty Croteau, Stacy Cassata, R.J. Connelly, Betty Croteau, Joanne Kelly, Marilyn Riley, and Billie Ward. Also attending: Carol Umphlett, Agent for The Elderly, and Leanne Theodore, Stonington Human Services. Unable to attend: Russell McDonough and Mary Ferguson.

**Guests:** First Selectman Rob Simmons was a guest.

The meeting was called to order by RJ Connelly at 4:01 p.m.

Minutes of November 2015 meeting were presented. Motion to accept was made by Joann Kelly. Second by Maryann Bessette. Motion carried.

Financial Report: October No Report

Carol Umphlett, Agent For the Elderly, Stonington Human Services reported for Program services for Seniors during November 2015.

<u>Program</u>	<u># Seniors in</u>	<u>November</u>
Food Programs		2
Transportation		6
Long Term Care		1
Medicare		40
Home Health Care		6
Social Security		0
Energy Assistance		98
Financial Assistance		1
Medical (Medicaid) Asst.		13
Renters Rebate		4

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Demographic report: there were 119 unduplicated seniors presenting for assistance.

**Leanne Theodore** reported that the COA is restarting the Grey Matters newsletter that was discontinued a few years ago. She is currently obtaining prices for printing. The newsletter will be produced and mailed to all Stonington seniors quarterly. She is also researching the possibility of some type of Veterans Coffee House for seniors.

**Report on Senior Programs** by Kristen King, presented by **Carol Umphlett**

Senior Lunch & Learn Series number 7 is sold out at 42 participants.

Knit and Give group has 8 knitters who donated over 250 hats, mittens, and scarves to Santa's Boot Program, WARM and Safe Futures.

Day trip to NYC is scheduled for Dec. 11, 2015. The trip is maxed out..

**Outside Agencies: no report**

**Legislative:** no report

**Correspondence:** There was no correspondence.

**Announcements:** There were no announcements.

**Old Business:** The Slate of Officers for 2016 was presented by RJ Connelley with all officers remaining in their offices. A motion was made by Maryann Besette that the Secretary cast one vote for the slate. Joanne Kelly seconded. Motion passed.

**New Business:** **First Selectman Rob Simmons** spoke briefly about some of his hopes for addressing senior programs during his tenure. His interests for seniors include programs on nutrition, driving issues, activities/ recreation, and medical issues. He addressed the need for sidewalks which could make walking for health and activity safer for everyone, including seniors. Increasing sidewalks could provide safer walking, especially in several areas of Stonington that have housing complexes designated for seniors and disabled persons of any age.

**Adjournment was at 4:45 p.m.** Motion to was made by Maryann Besette. Seconded by Marilyn Riley. Motion carried.

**Respectfully submitted,**

**Billie Ward, Secretary**