

Stonington Commission on Aging

Meeting on September 6, 2017

4:PM

**Town of Stonington
Human Service Department
Community Room**

**166 South Broad Street
Pawcatuck, CT 06379
Phone (860) 535-5015 Fax (860) 535-8290**

The meeting was called to order at 4:05 by RJ Connelly. Members present were Maryann Bessette, RJ Connelly III, Stacy Cassata, Betty Croteau, Joanne Kelly, Sue Peglow, Marilyn Riley and Billie Ward. Also present was Carol Umphlett, Municipal Agent for the Elderly.

Minutes of the June 7, 2017 Meeting were presented. Stacy Cassata moved to accept as corrected. Joanne Kelly seconded. **Motion approved.**

The Financial Reports from June to July 2017 were presented by Stacy Cassata and August was presented and explained by Carol Umphlett. As of the end of August the COA has used 36.9% of the budget leaving \$3,028.39 remaining for the fiscal year. The expenditures were primarily for deposit into the postage expense account for Grey Matters mailings.

Reports:

- A written **service statistics** report was presented and discussed by Carol Umphlett. A written program report from Kristen King was presented by Carol Umphlett, Reports are attached.
- Carol Umphlett announced that she and Leanne Theodore had a meeting with the **new director at the Pawcatuck Neighborhood Center**. She is hoping the COA will have a representative from PNC soon.
- The Human Services Department will have a **new Program Coordinator** beginning next week.
- **The Veterans Coffee House** that formerly met at Human Services will now meet the 2nd and 4th Thursdays of the month at the PNC. Two new sessions will now be meeting on the 1st and 3rd Thursdays at the new Masonicare facility in Mystic

Outside Agencies Report: Carol presented a flyer from the Y announcing a **Community Yoga For All** program to be presented September 16th.

Stonington Arms is conducting a Flu shot opportunity for any seniors on Friday, September 8th.

Legislative Report: There are no reports. RJ Connelly offered to investigate legislation that would be pertinent to the COA and senior interests.

Correspondence: There is no written correspondence.

Announcements: There are none.

Old Business: There was none.

New Business: there was discussion regarding possible topics for programs that the COA could develop and present throughout the present year. Some topics suggested included Avoiding scams, Preventing Falling, The Need for Hydration

The meeting was adjourned 4:37 PM. Joanne Kelly moved for adjournment. Sue Peglow seconded. Motion Passed.

Respectfully Submitted;

Billie Ward, Secretary

 Secretary
Jennifer Young